



CS1&2: THE BASE OF UPLEDGER CST FOR OSTEOPATHS

This course offers a very specific opportunity for those who are practising osteopaths to work at a faster pace through the foundations of the work.

Whilst we certainly recognise the strength and validity of professional osteopathic training, we have observed over many years that most of the experienced osteopaths attending Upledger training courses find that moving into working in this way is not necessarily an easy option. When introducing themselves on later courses and reflecting on their experiences of integrating CS1 and CS2 techniques into their practices, they report enhanced results with their patients and often comment that Upledger CST 'completes the picture' for them.

The course won't be only about the techniques; it will give you an insight of Dr. John Upledger's paradigm of CranioSacral Therapy. After this intensive and informative course, and pre- and post-course requirements, you will be able to continue to our SomatoEmotional Release workshop, as well as other advanced programs, in our wide course selection.

This 5-day Upledger CS 1 & 2 combined class is:

- designed exclusively for a small group of practising osteopaths and cranial osteopaths.
- an opportunity for keen professionals looking forward to a demanding and inspiring immersion in the work.
- highly intensive and is presented in English.

Instructor: Maggie Gill, CST-D, MCSS

WHAT? CS1&2: THE BASE OF UPLEDGER CST FOR OSTEOPATHS

WHERE? HOTELLI AVA, KARSTULANTIE 6, HELSINKI

WHEN? 26.-30.9.2017, KLO 9-18:00.

PRICE? FOR EARLY BIRDS: 800€+VAT (992€) REGISTRATION 31.8. LATEST

NORMAL PRICE: 900€+VAT (1116€) AFTER 31.8.2017

Pre-course preparation will be both practical and theoretical, including detailed pre-reading and also receiving 2 CST treatments – one of which must be a complete 10-Step protocol – from an experienced and approved Upledger CST practitioner.

Progression to SER1 course is dependent on:

- successful completion of 10 case studies
- successful demonstration of a complete and fluent 10-Step protocol, with light palpatory skills on an experienced practitioner
- successful demonstration of whole body evaluation methods and mouthwork techniques on an experienced practitioner

COURSE REGISTRATION: WWW.UPLEDGER.FI